

# **PSYCHOTROPIC MEDICATION: USE, MANAGEMENT, AND MONITORING FOR CHILDREN AND YOUTH IN FOSTER CARE**

**November 7, 2013**

**DoubleTree by Hilton Hotel Bay City – Riverfront  
1 Wenonah Park Place  
Bay City, Michigan 48708**



**Sponsored by:  
State Court Administrative Office  
Child Welfare Services Foster Care Review Board and  
Michigan Court Improvement Program**

## **BACKGROUND AND PURPOSE**

The issue of overreliance on psychotropic medication as a first-line treatment strategy for children in foster care has received significant national attention in recent years. While often necessary treatments, these medications carry risks of significant side effects and must be prescribed carefully and monitored diligently. That is not always possible in a system where children often have multiple caretakers, caseworkers, and service providers. Medication is just one of many tools available to help treat the social, emotional, behavioral, and mental health difficulties common among children who have experienced maltreatment. Other tools include the growing array of evidence-based therapies that have been shown effective in promoting positive outcomes for children in foster care, such as cognitive behavioral therapy. Child welfare professionals will leave the conference with a better understanding of the components for appropriate delivery of mental health services, including the management and monitoring of psychotropic medication.

## TARGET AUDIENCE

- Judges and referees
- Tribal judges
- Attorneys for children and parents
- Prosecutors and assistant attorneys general
- Caseworkers for the Michigan Department of Human Services, tribes, and private agencies
- CPS workers
- Court Appointed Special Advocates
- Foster Care Review Board members
- Other child welfare professionals and policymakers

## AGENDA

<b>8:15-9:00 a.m.</b>	<b>Registration</b>
<b>9:00-9:05 a.m.</b>	<b>Welcome</b> <i>James Novell, Program Manager, State Court Administrative Office, Foster Care Review Board</i>
<b>9:05-10:30 a.m.</b>	<b>Michigan Department of Human Services: Promoting Health/Mental Health for Foster Youth</b> <i>Dr. Jeanette Scheid, M.D., Ph.D., Medical Consultant, Michigan Department of Human Services, and Associate Professor of Psychiatry, Michigan State University</i>
<b>10:30-10:45 a.m.</b>	<b>Break</b>
<b>10:45 a.m.-12:15 p.m.</b>	<b>Shared Decision-Making in Prescribing, Managing and Monitoring Psychotropic Medication for Children in Foster Care</b> <i>Kathy Teutsch, RN, LMSW-MSSW, CPS Division Administrator for Medical Services, Texas Department of Family and Protective Services</i>
<b>12:15-1:30 p.m.</b>	<b>Lunch and Award Ceremony</b>
<b>1:30-3:00 p.m.</b>	<b>Improving Outcomes with Effective Trauma-Informed Interventions</b> <i>Dr. Gene Griffin, J.D., Ph.D., Assistant Professor in the Department of Psychiatry, Feinberg School of Medicine in Chicago, Northwestern University</i>
<b>3:00-3:15 p.m.</b>	<b>Break</b>
<b>3:15-4:30 p.m.</b>	<b>The Youth Experience with Psychotropic Medications</b> <b>Moderator:</b> <i>Jamie Crandell, LLMSW, Campus Coach/Fostering Success Coach Training and Certification Coordinator, Western Michigan University Center For Fostering Success</i>
<b>4:30 p.m.</b>	<b>Closing Comments</b>

## TRAINING COSTS

THERE IS NO REGISTRATION COST TO ATTEND THIS CONFERENCE. The cost of the conference is generously funded by the Michigan Court Improvement Program. Conference materials and lunch are provided. **Travel, meals other than lunch, and lodging expenses are the responsibility of the participant.**

Registration is on a first-come, first-served basis. However, there may be some exceptions to ensure geographic diversity and participation across professions. ***Due to space limitations, restrictions have been placed on the number of individuals per agency and discipline who may attend this training. Registration will not guarantee attendance.***

A confirmation notice will be sent to you approximately two weeks before the training. If you have not received a confirmation by November 4, 2013, contact Heather Leidi at 517-373-5322, or [LeidiH@courts.mi.gov](mailto:LeidiH@courts.mi.gov).

## LODGING INFORMATION

A limited block of overnight rooms has been reserved at the DoubleTree by Hilton Hotel Bay City – Riverfront for November 6, 2013, at a rate of \$75 per night for single-occupancy lodging. **Please note:** You are responsible for your lodging expenses.

**DoubleTree by Hilton Hotel Bay City – Riverfront:** To make your reservations call 989-891-6000 and reference “CWS” to ensure that you receive the reduced rate. The **DoubleTree by Hilton Hotel Bay City – Riverfront** is located at **1 Wenonah Park Place, Bay City, Michigan, 48708**. Directions can be found at the following website:

**Site Map:** <http://doubletree3.hilton.com/en/hotels/michigan/doubletree-by-hilton-hotel-bay-city-riverfront-MBSBCDT/maps-directions/index.html>

## CONTINUING EDUCATION

### Social Work Continuing Education

An application to offer Continuing Education (CEs) for master and bachelor level social workers is pending. Upon approval, we will provide CEs at no charge to qualified individuals who attend the training.

To obtain CEs, you must complete and submit a CE form that will be provided on-site. To receive full credit for CEs, you must be seated in the room at 9 a.m. and you must attend the entire training. There are no exceptions to these requirements.

## TRAINING REGISTRATION

**Online Registration:** [Click here](#)

**OR**

Follow the steps below:

- 1) Go to the Child Welfare Services webpage:  
<http://www.courts.michigan.gov/administration/scao/officesprograms/cws/childwelfareservicestraining/pages/default.aspx>
- 2) Select: “CWS Programs”
- 3) Select: “Schedule of Upcoming Programs”

4) Select: **“Psychotropic Medication: Use, Management, and Monitoring for Children and Youth in Foster Care”**

5) Click: **“Register”** and complete the form

Please use **Internet Explorer** as your browser when registering for this training. If you have problems registering, please contact Jason Osbourn at [OsbournJ@courts.mi.gov](mailto:OsbournJ@courts.mi.gov), or 517-373-8002.

You should submit your registration as soon as possible to increase the likelihood that your registration will be confirmed. Your registration is a commitment to attend the entire portion of the training for which you register. Please do not register to attend this training unless you have scheduling flexibility and have received the necessary authorization to attend.